

January 6, 2009

To our valued Botox and Juvederm Patients:

We have been attempting to make injections less uncomfortable. We have found this has been effective to various degrees by applying a topical anesthetic pre-injection.

For best results, it is suggested the topical numbing cream be applied 45-60 minutes prior to your appointment and re-applied again 20-30 minutes later. It takes a minimum of 20 minutes of absorption to get the best results, so in order to minimize delays when using the cream, please apply it at least 20 minutes before arriving for your appointment.

If you wish to purchase the topical anesthetic, it is available at the Eastland Pharmacy, on the 1st floor of our office building in Bloomington or at Alwan Pharmacy, 311 N. Western Avenue, Peoria, IL 61604 (309) 676-6333 (located near Bradley University), or Preckshot Pharmacy, 4450 N. Prospect Rd. #7 Peoria, IL 61616 (309) 679-2047. This product is available by prescription only, so please allow ample time for it to be filled. Drop off and pay for your prescription at least 2 days prior to your treatment. Please allow at least 2 days. Should you have any questions please call our office.

Sincerely,

Jeffrey S. Poulter, M.D., F.A.C.S.