BOTOX & FILLER INFORMATION

Instructions prior to treatment:
- Avoid NSAIDS, aspirin products, vitamin E, fish oil and herbals for 7 days
- Eat a light meal before appointment
- Apply topical anesthetic 20 minutes before appointment

Day of treatment:
- Review informed consent
- Photographs may be taken
- Confirm areas to be injected

Post injection instructions:
- Apply ice pack to injection areas
- May take Tylenol for discomfort (No NSAIDS, aspirin, vitamin E, or herbals)
- Avoid extensive sun or heat exposure and tanning beds
- Avoid strenuous activity
- Avoid alcoholic beverages
- Do not rub or massage the treated areas

Post treatment expectations:
- May have a whitened halo or blanching at injection sites
- Moderate discomfort
- Mild redness and/or swelling
- You may notice a slight reduction in fullness of injected areas over next 24-48 hrs
- Mild bruising at injection sites
- Small areas of firmness at injection sites
- Decreased wrinkling/creasing in injection sites

Botox injections are inadvisable if:
- You are pregnant, nursing, or are planning conception
- You are ill, have an active infection, or cold sores
- You have sensitivity to human albumin or amino glycoside antibiotics
- You have a pre-existing neuromuscular disease or symptoms

Filler injections are inadvisable if:
- You have a bovine or meat allergy
- You have a history of severe allergies with symptoms of anaphylaxis
- You have known hypersensitivity to Lidocaine